



Simtii (name): \_\_\_\_\_

ḥaas (date): \_\_\_\_\_

# ḥaṭinḥuwiṭ & čiišuṭ

## *Bathroom and Washroom Vocabulary*

Bathrooms and washrooms are important places in our daily lives. That is where we start and end each day, getting cleaned up and ready for the next part of our routine.

What kinds of nuučaaḥuṭ words can we learn when cleaning up? Let's practice our ḥaṭinḥuwiṭ and čiišuṭ vocabulary with these language activities. Visit Ucluelet dialect domain sets (<https://bit.ly/3qhKrFK>), FirstVoices (<https://bit.ly/35L7UWj>), or ask a fluent language speaker from your community to help you.

### **Activity #1: Hygiene Mini-Posters**

It can be hard to remember the steps in our routine for getting clean, especially for kids who are learning to take care of themselves! Let's make mini-posters for the ḥaṭinḥuwiṭ or čiišuṭ to remind a younger person about steps or rules for keeping clean.

Draw a picture under each nuučaaḥuṭ statement to help someone understand the step or rule it describes.

čucink'i.	čucum'yaq'laḥs'ḥi.	čacstaaḥaḥi kiṣta.
wikim ḥuuḥustqaapi.	čucuḥtasimmeḥic.	ḥusimmeḥic čuuyukquuk.



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## Activity #2: Washing-Up Song

nunuuk<sup>wah</sup>?aala čiiᓃqiičiiᓃ?aᓃᓃquus—I sing in the shower. How about you?

It's nothing to be embarrassed about! Singing is a fun way to pass the time when we're washing up. It can also help younger kids to spend the right amount of time getting clean. Some healthcare experts say we should count to 30 or sing the English ABCs while we wash our hands, so we can make sure they're totally clean.

Can we write a washing-up song in nuučaaᓃuᓃ?

On the next page, write the words for a short song about washing up. It should take about 30 seconds to sing, and it can be about any steps or parts of the cleaning routine that you think are fun to sing about or important to remember. The song does **not** need to rhyme.

Try to use as much nuučaaᓃuᓃ vocabulary as you can! Here are some words and phrases that can help you get started.

nuučaaᓃuᓃ	English
čuućinkii.	Wash your hands.
ᓃuᓃᓃuᓃᓃuᓃ <sup>wah</sup> .	My hands are clean.
čamasᓃuᓃsuk <sup>wah</sup> čuuᓃᓃᓃᓃᓃ.	My shampoo smells nice.
ᓃuᓃᓃᓃᓃᓃ.	My hair is clean.
ᓃaᓃiᓃᓃᓃᓃ?aala.	Do you shower regularly?
saaćinkah?aala ᓃaᓃiᓃᓃ.	I shower every day.
?uᓃᓃᓃᓃᓃᓃᓃ?aala ᓃaᓃᓃᓃᓃᓃ ča?ak ᓃaᓃiᓃᓃ?aᓃᓃquus.	I take cold showers.
nunuuk <sup>wah</sup> ?aala ᓃaᓃiᓃᓃ?aᓃᓃquus.	I sing in the shower.
?uᓃᓃᓃᓃᓃᓃᓃ?aala ᓃuᓃᓃᓃᓃᓃ ča?ak ᓃaᓃiᓃᓃ?aᓃᓃquus.	I take hot baths.
?ahkuuma čuuᓃᓃ.	Here is the soap.



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## My Washing-Up Song



